FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Estimated average burden					
ours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)															
1. Name and Address of Reporting Person * BARDIN C WAYNE					2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 1450 BROADWAY, 24TH FLOOR				3. Date of Earliest Transaction (Month/Day/Year) 05/13/2010						(give title belo		Other (specify b	elow)				
(Street) NEW YORK, NY 10018				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City		(State)	(Zip)		Ta	ble I - l	Non-l	Deri	ivative S	ecuritie	es Acqu	ired, Dispo	osed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			Date (Month/Day/Year)	Execut any		Code (Instr. 8)			4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Reported Transaction(s)			Ownership o Form:	7. Nature of Indirect Beneficial		
				(Montl	(Month/Day/Year)		le	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)			(/	Ownership (Instr. 4)	
Common	Stock		05/13/2010			P(1)		940	A	\$ 4.9368	36,518			D		
Reminder: indirectly.	Report on a	separate line	for each class of sec	curities l	beneficially	owned	F	Pers	sons wh	n this f	orm aı	e not req	uired to re	formation spond unl	ess	EC 1474 (9- 02)	
					tive Securi								I				
1. Title of Derivative Security (Instr. 3)	Conversion	version Date (Month/Date of vative	Transaction 3A. Deemed Execution Day Inth/Day/Year)	l Date, if	0 / 1 / /		nber	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. T Am Und Sec			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect)		
												Amount					

Reporting Owners

Describer Occurs Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BARDIN C WAYNE 1450 BROADWAY 24TH FLOOR NEW YORK, NY 10018	X					

Signatures

/s/ Jackie Matthews by Power of Attorney	05/13/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The purchase reported in this Form 4 was effected pursuant to a Rule 10b5-1 purchase plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.



POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 23rd day of March, 2009.

By: /s/ C. Wayne Bardin
C. Wayne Bardin