FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
DMB Number:	3235-0287					
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ours per respon	se 0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response			_												
Name and Address of Reporting Person * LANZA LUCIO					2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
1450 BR		(First) - 24TH FL	OOR (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/21/2013						r (give title belo		Other (specify be	low)		
(Street) NEW YORK, NY 10018				4. If .	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City		(State)	(Zip)		Т	able I	- Non	-Deri	ivative S	ecurities	s Acqu	ired, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execu		if Co (In		(A) or Disposed of (D (Instr. 3, 4 and 5)		of (D)	D) Beneficially Owned Following Reported Transaction(s)		Following n(s)	Ownership o Form:	Beneficial	
				(Mon	th/Day/Ye		Code	V	Amoun	(A) or t (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		03/21/2013				P ⁽¹⁾		2,600	A	\$ 3.595	16,522			D	
indirectly.			Table II -				cquire	cont the f ed, Di	tained in form dis	n this fo splays a of, or Be	orm ar a curre eneficia	e not required to the second s	uired to re	nformation espond unl ntrol numb	ess	C 1474 (9- 02)
1 77:1 0	10	a m			uts, calls,								lo p : _ o		0 10	1
Security	Conversion	cise (Month/Day) f ive	Execution D /Year) any	Date, if Trans	Transactio Code	on of Der Sec Acc (A) Dis of (of a		6. Date Exercisable and Expiration Date (Month/Day/Year)		Am Und Sec	Citle and abount of derlying urities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form of Derivativ Security: Direct (D or Indirect	
								Date	e	Expiration	on Till	Amount or e Number				

Reporting Owners

Daniel Communication (Addison	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
LANZA LUCIO 1450 BROADWAY - 24TH FLOOR NEW YORK, NY 10018	X						

Signatures

/s/ Jackie Matthews by Power of Attorney	03/22/2013
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The purchase reported in this Form 4 was effected pursuant to a Rule 10b5-1 purchase plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-infact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 12 day of August 2010.

By: /s/ Lucio L. Lanza
Lucio L. Lanza