FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Estimated average burden					
nours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Shanley Richard P (Last) (First) (Middle) 1450 BROADWAY, 24TH FLOOR (Street) NEW YORK, NY 10018			2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY] 3. Date of Earliest Transaction (Month/Day/Year) 05/01/2014					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
									X_ Director 10% Owner Officer (give title below) Other (specify below)					
			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially (Owned					
1.Title of Security (Instr. 3)		1	ate Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		tion 4. Securities Acqu (A) or Disposed or (D) (Instr. 3, 4 and 5)		of	Beneficia	ally Owned Following d Transaction(s)		Ownership Form: Direct (D)	Beneficial Ownership
					Cod	le V	7 Amou	(A) or (D)	Price	e			or Indirect (I) (Instr. 4)	Instr. 4)
Common	Stock		05/01/2014		A		2,000	A	\$ 0	51,000			D	
				Derivative Securit		cor the iired, I	ntained i form di Disposed	n this for splays a o	m are curre eficial	e not req ently valid	uired to re	nformation espond unl ntrol numb	ess	C 1474 (9- 02)
1. Title of Derivative Security (Instr. 3)	Conversion		3A. Deemed Execution Da	4. Transaction Code Year) (Instr. 8)	5. Num of	ber 6. and ive (Mees ed ed ed Da	Date Exe d Expirati onth/Day	rcisable on Date	7. To Amo Und Secu (Inst	itle and ount of lerlying urities tr. 3 and Amount or Number	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form of Derivativ Security: Direct (D or Indirect	
				Code V	(A) (D)				of Shares				
Repor	ting O	wners												

Describer Occurs Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Shanley Richard P 1450 BROADWAY 24TH FLOOR NEW YORK, NY 10018	Х						

Signatures

/s/ Jackie Matthews by Power of Attorney	05/02/2014
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 23th day of March, 2009.

By: /s/ Richard P. Shanley

Richard P. Shanley