UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported):

September 9, 2009

HARRIS & HARRIS GROUP, INC.

(Exact name of registrant as specified in its charter)

New York 0-11576 13-3119827

(State or other jurisdiction of incorporation)

(Commission File Number)

(I.R.S. Employer Identification No.)

111 West 57th Street New York, New York 10019

(Address of principal executive offices and zip code)

Registrant's telephone number, including area code: (212) 582-0900

EXPLANATORY NOTE

The information in this report, including the exhibit, is being furnished pursuant to Item 7.01 and Item 9.01 of Form 8-K and General Instruction B.2 thereunder. Such information shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference in any filing under the Securities Exchange Act of 1933.

Item 7.01 Regulation FD Disclosure

On September 9, 2009, Harris & Harris Group, Inc., issued a press release announcing that it will hold a "Meet the Portfolio" Day on Wednesday, October 7, 2009 at the Hotel Nikko in San Francisco, a copy of which is attached as Exhibit 99.01.

Forward-Looking Statements

The press release may contain statements of a forward-looking nature relating to future events. These forward-looking statements are subject to the inherent uncertainties in predicting future results and conditions. These statements reflect the Company's current beliefs, and a number of important factors could cause actual results to differ materially from those expressed in the press release. Please see the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2008, the Company's report on Form 10-Q for the quarter ended June 30, 2009, and subsequent filings, filed with the Securities and Exchange Commission, for a more detailed discussion of the risks and uncertainties associated with the Company's business, including but not limited to the risks and uncertainties associated with venture capital investing and other significant factors that could affect the Company's actual results. Except as otherwise required by Federal securities laws, Harris & Harris Group, Inc., undertakes no obligation to update or revise these forward-looking statements to reflect new events or uncertainties.

Item 9.01 Financial Statements and Exhibits

The following is filed as an exhibit to this report:

Exhibit No.	<u>Description</u>
99.1	Press Release dated September 9, 2009

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: September 9, 2009 HARRIS & HARRIS GROUP, INC.

By: <u>/s/ Douglas W. Jamison</u> Douglas W. Jamison Chief Executive Officer EXHIBIT INDEX

Exhibit No.Description99.1Press Release dated September 9, 2009

4

Contact:

Douglas Jamison Harris & Harris Group, Inc. (212) 582-0900 doug@hhvc.com Harriet Fried Lippert/Heilshorn & Associates (212) 838-3777 hfried@lhai.com

Harris & Harris Group to Hold "Meet the Portfolio Day" Wednesday, October 7, 2009

Harris & Harris Group, Inc. (Nasdaq:TINY), a publicly traded venture capital company that invests in nanotechnology and microsystems, will hold a "Meet the Portfolio" Day on Wednesday, October 7, 2009, at the Hotel Nikko in San Francisco. The event, to begin at 9:30 a.m. PT, will feature cleantech, electronics, photonics, semiconductor and tool companies in Harris & Harris Group's portfolio.

Harris & Harris Group welcomes professional money managers and securities analysts to attend the event and hear directly from the CEOs of its portfolio companies about their work and commercial progress. Registration can be completed at www.hhvc.com.

PRESENTATION SCHEDULE				
TIME (PT)	COMPANY	WEBSITE		
09:30 AM	Harris & Harris Group — Introductory Remarks	www.hhvc.com		
10:00 AM	Xradia	www.xradia.com		
10:20 AM	Molecular Imprints	www.molecularimprints.com		
10:40 AM	Innovalight	www.innovalight.com		
11:00 AM	Cambrios Technologies	www.cambrios.com		
11:20 AM	Nextreme Thermal Solutions	www.nextremethermal.com		
11:40 AM	BridgeLux	www.bridgelux.com		
12:00 PM	Kovio	www.kovio.com		
01:15 PM	NeoPhotonics	www.neophotonics.com		
01:35 PM	NanoGram	www.nanogram.com		
01:55 PM	Adesto Technologies	www.adestotech.com		
02:15 PM	SiOnyx	www.sionyxinc.com		
02:35 PM	Laser Light Engines	www.laserlightengines.com		
02:55 PM	CFX Battery	www.cfxbattery.com		
03:15 PM	Solazyme	www.solazyme.com		
03:35 PM	Tetravitae Bioscience	www.tetravitae.com		
03:55 PM	D-wave Systems	www.dwavesys.com		
04:10 PM	Harris & Harris Group — Closing Remarks/ Q&A			

For those not attending in person, live and archived webcasts of the presentations will be available on the Company's website. For additional information, contact Marisa Whitlock of Harris & Harris Group at 650-321-2668 or marisa@hhvc.com.

Harris & Harris Group is a publicly traded venture capital firm that specializes in making investments in companies commercializing and integrating products enabled by nanotechnology and microsystems. Founded in 1981 and with offices in NYC and Palo Alto, Harris & Harris Group currently has more than 30 companies in its investment portfolio. Detailed information about Harris & Harris Group and its holdings can be found on its website at www.hhvc.com.

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