## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response														
1. Name and Address of Reporting Person *- PANKOPF TONIA L			2. Issuer Name and Ticker or Trading Symbol 180 DEGREE CAPITAL CORP. /NY/ [TURN]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director					
7 N. WILLOW STREET, SUITE 4B				3. Date of Earliest Transaction (Month/Day/Year) 03/12/2021											
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person							
MONTCLAIR, NJ 07042 (City) (State) (Zip)				Table I - Non-Derivative Securities Acqu					S Acqui	nired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	any	a. Deemed 3. Transecution Date, if Code		action	4. Securities Acquired (A) or Disposed of (D)		iired	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			6. 7. Ownership Form: B	7. Nature of Indirect Beneficial Ownership
				(Namua 2 uyr	Code V Amount (D) Price (Hist. 3 and 4)			` '		(Instr. 4)					
Common	Stock		03/12/2021			P		1,365	A \$7	3215	2,908	1)		D	
			Table II	Derivative Se			cor the ired, I	ntained i form dis Disposed	n this fo splays a of, or Bei	rm are curren	not requality valid	ction of inf uired to res OMB cont	spond unle	ess	1474 (9-02)
	ı	1 .		(e.g., puts, cal	lls, w										
	2. Conversion or Exercise		Execution D y/Year) any			5. Number		and Expiration Date (Month/Day/Year)		7. Ti	tle and	8 Price of	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	C 10	
Security (Instr. 3)	Price of Derivative Security	(Month/Day	/Year) any	Code		of Derivati Securities Acquires (A) or Disposes of (D) (Instr. 3, 4, and 5)	ve es d			Undo Secu	ount of erlying urities r. 3 and		Derivative Securities Beneficially Owned Following Reported Transaction	Ownersl Form of Derivati Security Direct (I or Indire	Beneficia Ownersh (Instr. 4)

#### **Reporting Owners**

D ( O N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
PANKOPF TONIA L 7 N. WILLOW STREET SUITE 4B MONTCLAIR, NJ 07042	X					

### **Signatures**

/s/ Alicia M. Gift by Power of Attorney	03/15/2021
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Total amount of securities beneficially owned reflects 1-for-3 reverse stock split effected on December 31, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

#### POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to 180 Degree Capital Corp., a New York corpo IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 26th day of July 2020.

By: /s/ Tonia L. Pankopf

Name: Tonia Pankopf