FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bigelow Robert E III						2. Issuer Name and Ticker or Trading Symbol 180 DEGREE CAPITAL CORP. /NY/ [TURN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) 7 N. WILLOW	(First)	(Mi SUITE 4B	3. Date of Earliest Transaction (Month/Day/Year) 11/22/2022									X	Officer (g below)		,		specify			
(Street) MONTCLAIR (City)	NJ (State)		042	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi	ividual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person							
		Ta	ble I - Noi	n-Der	ivativ	e Se	curitie	s Aca	uired.	Disp	osed of.	or E	Benefic	cially Ov	/ned					
1. Title of Security (Instr. 3) 2. Trans Date				insaction I th/Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securing Dispose Code (Instr.		4. Securiti Disposed	es Ac	quired (A) or	5. Amount Securities Beneficially	. Amount of ecurities eneficially Owned following Reported		nership : Direct (D) lirect (I) . 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount		(A) or (D)	Price	Transactio (Instr. 3 and				(Instr. 4)		
Common Stock 11/2					22/2022				P		1,470)	Α	\$5.61	106,830			D		
Common Stock 11/2.				/22/2022				P		30		A	\$5.62	106,860			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Dat (Month/Day/Ye		te Securities Unde		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	e s lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares		Transaction(s) (Instr. 4)						

Explanation of Responses:

Remarks:

/s/ Alicia M. Gift by Power of Attorney

11/22/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to 180 Degree Capital Corp., a New York corpor under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 31st day of March 2017.

By: Robert E. Bigelow III
-----Robert E. Bigelow III