FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response.	0.5							

Section 16. Form 4 or Form 5 obligations may continue. See

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Instruc	ction 1(b).			111	Commen	сотр	Juliy 11	0.011	<i>,</i> 10							
	pe Responses		*								5 Da	latianahi	n of Domonti	in a Dansan(a)	to Iomian	
Name and Address of Reporting Person * Andreev Alexei A				2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 111 WEST 57TH STREET, SUITE 1100				Date of Earliest Transaction (Month/Day/Year) 08/12/2009 If Amendment, Date Original Filed(Month/Day/Year)							X Officer (give title below) Other (specify below) Executive Vice President 6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(Street) NEW YORK, NY 10019																
(City		(State)	(Zip)			Table I -	- Non-E	Perivati	ve Securit	ies Acqu	ired, l	Disposed	of, or Ben	eficially Own	ed	
-		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.	nsaction 8)	(A) or Dispose		of (D)	5. Amount of Securities Beneficially 6. Owned Following Reported Transaction(s) Form:		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
						Cod	de V	Amo	(A) or (D)	Price					I) Instr. 4)	
Common	Stock		08/12/2009			M	1	6,09	06 A \$ 3.75 16,365 D)					
Common	Stock		08/12/2009			S(1)	<u>(2)</u>	1 15 790 H) 1°		\$ 6.3456	10,575			I)	
			Table II -	Derivativ	e Securi	ties Acq	for	ntained m disp	l in this fo	orm are rrently v	not revalid	equired OMB co	of inform to respon entrol num	nd unless th		1474 (9-02)
	•	1	1 4 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6		, calls, w	arrants,	option	s, conv	ertible sec	urities) .					1	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security			, if Transaction of Deriva (Instr. 8) Securi (A) or Dispos of (D)		rivative curities quired) or sposed (D) str. 3, 4,	Expira	Date Exercisable and piration Date conth/Day/Year)			tle and unt of crlying rities : 3 and	d 4)		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivate Security Direct (or Indire	Owners y: (Instr. 4 D) ect
				Code	V (A)	(D)	Date Exerci	sable	Expiration Date	Title		Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$ 3.75	08/12/2009		М		6,096	07/28	/2009	03/18/20	111	nmon ock	6,096	\$ 0	42,662	D	
Repor	ting O	wners														
Donorting	Owner Nem	o / Address		Relationsl	ips											
	Owner Nam	Dir	ector 10% Owner	Officer			Ot	her								
Andreev Alexei A 111 WEST 57TH STREET SUITE 1100 NEW YORK, NY 10019			Executive Vice President			ent										
Signat	ures															
/s/ Jackie Matthews by Power of Attorney			ttorney	08/14/2	009											
	Signature of	Reporting Person		Date												

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 15, 2009.
- (2) Shares were sold for an average price of \$6.3456 with share prices ranging from \$6.31 to \$6.35. The reporting person will provide full information regarding the number of shares purchased at each separate price upon request by the SEC staff, the issuer, or a security holder of the issuer.

Potential persons who are to respond to the collection of information contained in this form a	are not required to respond unless the form displays a currently valid OMB number.	

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 20th day of March, 2009.

By: /s/ Alexei A. Andreev

Alexei A. Andreev