FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average burden						
hours per response	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Responses)													
Name and Address of Reporting Person * Ushio Misti				2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
	FLOOR 24		3. Date of Earliest Transaction (Month/Day/Year) 05/12/2010				X	X Officer (give title below) Other (specify below) Vice President						
RK, NY 10	(Street)	4	4. If Amendment, Date Original Filed(Month/Day/Year)					_X_1	6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
	(State)	(Zip)			Tabl	e I - 1	Non-Deriva	ntive Securities	Acquired,	Disposed	of, or Ben	eficially Own	ed	
ecurity	1	Date	Execution any	n Da	ed Date, if Code (Instr. 8) 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Owned Following Report Transaction(s)		ing Reporte	ed C	ownership orm: Be birect (D) or Indirect (In	eneficial wnership				
Report on a se	eparate line for each	Table II - I	Derivativ	e Sec	curities A	Acqui	Persons contain form dis	s who respon ed in this forr splays a curre sed of, or Bene	m are not ently valic ficially Ow	required I OMB co	to respor	nd unless th		74 (9-02)
Derivative Security Conversion Date Execution D any		3A. Deemed Execution Date, i	4. Transaction Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			Derivative Securities Beneficially Owned Following Reported	Form of Derivative Security: Direct (D) or Indirect	Beneficial
	Code	v		(D)	Date Exercisabl	Expiration Date	Title	Amount or Number of Shares						
\$ 4.84	05/12/2010		A				(1)	05/12/2015	Commor Stock		\$ 0	15,000	D	
	d Address of sti and s	d Address of Reporting Person sti (a) (First) (b) (ADWAY, FLOOR 24 (Street) RK, NY 10018 (State) ecurity 2. (State) Report on a separate line for each or Exercise Price of Derivative Security 3. Transaction (Month/Day/Year)	d Address of Reporting Person stri (Middle) DADWAY, FLOOR 24 (Street) RK, NY 10018 (State) 2. Transaction Date (Month/Day/Year) Report on a separate line for each class of securities Table II - I (Month/Day/Year) 2. Transaction Date (Month/Day/Year) A. Deemed Execution Date, i any (Month/Day/Year) (Month/Day/Year)	d Address of Reporting Person = 1	d Address of Reporting Person stri Extinuation (Middle)	2. Issuer Name and THARRIS & HARRIS & H	2. Issuer Name and Ticker HARRIS & HARRIS G. (Middle) 3. Date of Earliest Transaction (D5/12/2010) 4. If Amendment, Date Origing RK, NY 10018 2. Transaction Date (Month/Day/Year) 2. Trable I - Derivative Securities Date (Instr. 8) Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Code V (A) (D)	2. Issuer Name and Ticker or Trading HARRIS & HARRIS GROUP ING (Street) (Street) (Street) (Street) (Street) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Instr. 8) 2. Transaction Date (Instr. 8) Code V Arransaction Conversion Date (Month/Day/Year) 2. Table II - Derivative Securities Acquired, Disport (e.g., puts, calls, warrants, options, correspondence of Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Conversion Date (Instr. 8) Code V Arransaction Conversion Date (Month/Day/Year) Price of Derivative Securities Acquired (Instr. 8) Code V (A) or Disposed of (D) (Instr. 3, 4, and 5) Code V (A) (D) Date Expiration Date Execution Date, if (D) (Instr. 3, 4, and 5) Code V (A) (D)	2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TIN' DADWAY, FLOOR 24 (Middle) (Street) 3. Date of Earliest Transaction (Month/Day/Year) 05/12/2010 4. If Amendment, Date Original Filed(Month/Day/Year) 1. If Amendment	2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]	Address of Reporting Person *	2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY] ADDWAY, FLOOR 24 (Street) A. Jate of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) A. Deemed Execution Date, if Code (Instr. 8) (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (Instr. 5) (2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. Transaction Conversion Date or Exercise (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (S. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently walled OMB control number. Table II - Derivative Securities Acquired (Month/Day/Year) (Mont	2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS (GROUP INC /NY/ [TINY]) (Sizes) (Sizes) 4. If Amendment, Date Original Filed(Month/Day/Year) (Month/Day/Year) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 3, and 4) (Instr. 3, and 4) (Instr. 3 and 4) (Instr. 3, and 4) (Instr. 4) (Instr. 4) (Instr. 3, and 4) (Instr. 4)

Reporting Owner Name / Address	Relationships					
reporting Owner Name / Nauress		10% Owner	Officer	Other		
Ushio Misti 1450 BROADWAY			Vice President			
FLOOR 24 NEW YORK, NY 10018			Vice Fresident			

Signatures

/s/ Jackie Matthews by Power of Attorn	ney	05/12/2010
**Signature of Reporting Person		Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 3,750 options vest on May 12, 2011; 7,500 options vest on May 12, 2012 and 3,750 options vest on May 12, 2013.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, {\it see} \ Instruction 6 \ for procedure.$

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 20th day of March, 2009.

By: /s/ Misti Ushio

Misti Ushio