FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Estimated average burden					
ours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	(S)																
1. Name and Address of Reporting Person * PRESSMAN LORI D					2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last) (First) (Middle) 1450 BROADWAY, 24TH FLOOR					3. Date of Earliest Transaction (Month/Day/Year) 06/03/2010							r (give title belo	ow)	Other (specify	below)			
(Street) NEW YORK, NY 10018				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person							
(City		(State)	(Zip)		Table I - Non-Derivative Securities Ac						es Acqu	uired, Disposed of, or Beneficially Owned						
(Instr. 3)		Date (Month/Day/Year)				Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Reported Transaction(s)			Ownership of Form:	Beneficial			
			(Mon	(Month/Day/Year)		le	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)				Ownership (Instr. 4)			
Common	Stock		06/03/2010			P			500	A	\$ 4.336	7 17,161			D			
indirectly.	Topon on a		for each class o	II - Deriv	ative Securi	ties Acq	F c t t	Personi he	sons wh tained in form dis	n this splays of, or B	form a a curr Beneficia	re not requently validated	uired to re	nformation espond un ntrol numb	less	SEC 1474 (9- 02)		
	1			· · · ·	outs, calls, w								1	1				
Security	2. 3. Transact Conversion Date or Exercise Price of Derivative Security				Transaction of a Derivative (1		and	•		e An Un Sec	Fitle and nount of derlying curities str. 3 and	nt of lying ties 3 and Derivative Security (Instr. 5) Brown Fe R		Owner Form o	Ownersh y: (Instr. 4)			
					Code V	(A)	(D)	Dat Exe		Expira Date	tion Tit	Amount or Number of Shares						

Reporting Owners

Daniel Communication	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
PRESSMAN LORI D 1450 BROADWAY 24TH FLOOR NEW YORK, NY 10018	X						

Signatures

/s/ Jackie Matthews by Power of Attorney	06/03/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, Charles E. Harris or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 19th day of May, 2005.

By: /s/ Lori D. Pressman

Lori D. Pressman