UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Stimated average burden					
ours per respon	se 0.5				

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X. Director 10% Owner						
(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/14/2013			-	Officer (give title below) Other (specify below)							
	4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(Zip)		Tal	ole I - Non	-Deri	vative S	ecurities A	Acquir	red, Dispe	osed of, or	Beneficially	Owned	
Date Execution Date, if Code (A) or Dispo (Month/Day/Year) any (Instr. 8)		r Disposed of Beneficial Reported			lly Owned I Transaction	Following n(s)	Ownership Form: Direct (D)	Beneficial Ownership				
			Code	V	Amoun	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
11/14/2013			P(1)		6,106			34,406			D	
for each class of secu	ırities benefic	cially o	owned dire	ectly o	r							
				cont	ained ii	n this for	m are	not req	uired to re	espond unle	ess	EC 1474 (9- 02)
			•		•			ly Owned	I			
3. Transaction and Execution Date Secution Date Security Sec		E Exercisable 7. Ti epiration Date Amo h/Day/Year) Undo Secu		nount of derlying curities str. 3 and Derivative Security (Instr. 5)		Derivative (Securities Feneficially Owned Sollowing Reported Transaction(s) (Ownersh Form of Derivativ Security Direct (I or Indirects)	Ownershi (Instr. 4) O)				
				Date	e	Expiration	l mi i	Amount or Number				
	(Middle) (Zip) 2. Transaction Date (Month/Day/Year) 11/14/2013 for each class of sectors Table II - I (Gon 3A. Deemed Execution Date (Area) any	(Middle) 3. Date of F 11/14/201 4. If Amend 22A. Deemed Execution I any (Month/Day/Year) 11/14/2013 Table II - Derivative Securities benefit Execution Date (e.g., puts, can be any can	HARRIS & HA JOOR HARRIS & HA J. Date of Earliest 11/14/2013 4. If Amendment, 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 11/14/2013 for each class of securities beneficially of the company of t	HARRIS & HARRIS GI	HARRIS & HARRIS GROU	HARRIS & HARRIS GROUP INC / 3. Date of Earliest Transaction (Month/Day 11/14/2013) 4. If Amendment, Date Original Filed(Mont Date I - Non-Derivative Securities (Month/Day/Year) 2. Transaction Date Execution Date, if any (Month/Day/Year) 2. 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If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Code (Instr. 8) (Instr. 3, 4 and 5) Code V Amount (D) Price 11/14/2013 P(I) 6,106 A 3.06 Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities) S. Number of Code (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (Instr. 3) Amount (D) Price 11/14/2013 Persons who respond to contained in this form are the form displays a currer (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (Instr. 3) Derivative Securities Acquired (A) or Disposed of (Instr. 3)	HARRIS & HARRIS GROUP INC /NY/ [TINY] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 5. 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Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 5. Transaction (A) or Disposed of (A) or Disposed of (Instr. 8) (Instr. 8) 6. Amount of Securit Beneficially Owned Instr. 3 and 4) For each class of securities beneficially owned directly or Table II - Derivative Securities Acquired, Disposed of (Instr. 3) Table II - Derivative Securities Acquired, Disposed of (Instr. 3) Table II - Derivative Securities Acquired, Disposed of (Instr. 3) A. Deemed (a.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (a.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (a.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (a.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (a.g., puts, calls, warrants, options, convertible securities) (Instr. 3) A. Deemed (a.g., puts, calls, warrants, options, convertible securities) (Instr. 3) A. Deemed (a.g., puts, calls, warrants, options, convertible securities) (Instr. 3) A. Deemed (a.g., puts, calls, warrants, options, convertible securities) (Instr. 3) (Instr. 5)	HARRIS & HARRIS GROUP INC /NY / [TINY] 3. Date of Earliest Transaction (Month/Day/Year) 11/14/2013 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned (Month/Day/Year) (M	HARRIS & HARRIS GROUP INC /NY/ [TINY] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 5. Individual or Joint/Group Filing(Check Applica X, Form filed by One Reporting Person Form filed by More than One Reporting Person One Indirect (Instr. 3 and 4) 7. Title and Form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired Following Securities Securities Acquired (Month/Day/Year) (Instr. 3) A. Deemed Execution Date, if Transaction Code Derivative (Month/Day/Year) (Instr. 3) A. Direct (D) (Instr. 3) A. Direct (D) (Instr. 3) A. Direct (D) (Instr. 3) A. Manunt of Derivative Securities Securities Securities (Instr. 3) B. Price of Polymore Following Securities Securities Securities (Instr. 3) B. Price of Polymore Following Securities (Instr. 3) B. Price of Polymore Following Securities Securiti

Daniel Communication (Addison	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
LANZA LUCIO 1450 BROADWAY - 24TH FLOOR NEW YORK, NY 10018	X					

Signatures

/s/ Jackie Matthews by Power of Attorney	11/14/2013
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The purchase reported in this Form 4 was effected pursuant to a Rule 10b5-1 purchase plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-infact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 12 day of August 2010.

By: /s/ Lucio L. Lanza
Lucio L. Lanza