FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APP | ROVAL |
|-------------------|-----------|
| OMB Number: | 3235-0287 |
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| ours per respon | se 0.5 |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person * JAMISON DOUGLAS W | | | | 2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | |
|---|-------------|------------------|---|--|--|---|--|---|--|--|--------------------------|----------------------------------|---|---|---|
| (Last) (First) (Middle) 1450 BROADWAY, FLOOR 24 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 12/30/2016 | | | | | | X Officer (give title below) Other (specify below) Chairman, CEO | | | | | |
| (Street) NEW YORK, NY 10018 | | | 4. If A | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person | | | | | |
| (City) (State) (Zip) | | | | Table I - Non-Derivative Securities Acqu | | | | | Acqui | ired, Disposed of, or Beneficially Owned | | | | | |
| 1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year | | Execu any | 2A. Deemed Execution Date, if any (Month/Day/Year) | | ction | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | of | d 5. Amount of Securities Beneficially Owned Followi Reported Transaction(s) (Instr. 3 and 4) | | Following (s) | Ownership Form: Direct (D) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | Code | V | Amount | (A) or (D) | Price | | | | or Indirect I) Instr. 4) | (Instr. 4) |
| Common | Stock | | 12/30/2016 | | | F | | 3,465 | D | \$ 1.38 | 201,499 | | |) | |
| Reminder: | Report on a | separate line fo | or each class of sec | urities b | beneficially of | owned dire | ctly o | r | | | | | | | |
| | Report on a | separate line fo | Table II - | Derivat | tive Securiti | es Acquire | Pers conta the fe | ons wh ained ir orm dis sposed o | n this fo plays a of, or Ber | rm are curre | e not req ently valid | uired to re d OMB cor | formation espond unle atrol numbe | ss | C 1474 (9- 02) |
| indirectly. | | ` | Table II - | Derivat | tive Securiti | es Acquire rrants, op | Pers conta the fe ed, Dis tions, | ons wh ained ir orm dis sposed o convert | n this fo plays a of, or Ber ible secu | rm are curre neficial prities) | e not req | uired to re d OMB cor | espond unle ntrol numbe | ess er. | 02) |
| | 2. | 3. Transaction | Table II - | Derivat (e.g., pu | tive Securiti tts, calls, wa 4. Transaction Code (Instr. 8) | es Acquire rrants, op 5. Number | Pers contained, Distinguished, Distinguished, Distinguished, Distinguished, Distinguished, District Contained, District Contai | ons wh ained ir orm dis sposed o convert ate Exerc Expiration | this for plays a of, or Berible secution bate | rm are curre neficial rities) 7. T Ame Und Seco | e not req ently valid | uired to re d OMB cor | espond unle ntrol number | f 10. Ownersh Form of Derivativ Security: Direct (I or Indire | 11. Nature of Indirec Beneficia Ownershi (Instr. 4) |

Reporting Owners

| Describer Occurs Name / Address | Relationships | | | | | |
|--|---------------|-----------|---------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| JAMISON DOUGLAS W 1450 BROADWAY FLOOR 24 NEW YORK, NY 10018 | X | | Chairman, CEO | | | |

Signatures

| /s/ Jackie Matthews by Power of Attorney | 12/30/2016 |
|--|------------|
| Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest and Patricia N. Egan to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 29th day of July 2014.

By: /s/ Douglas W. Jamison

Douglas W. Jamison