### FORM 4

Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response... 0.5

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person   JAMISON DOUGLAS W			2. Issuer Name and Ticker or Trading Symbol 180 DEGREE CAPITAL CORP. /NY/ [TURN]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X_ Director10% Owner						
,	(Last) (First) (Middle) 450 BROADWAY, FLOOR 24				3. Date of Earliest Transaction (Month/Day/Year) 03/24/2017						X Officer (give title below) Other (specify below)  Chairman, CEO				
(Street) NEW YORK, NY 10018			4. If Amendment, Date Original Filed(Month/Day/Year) 03/27/2017						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City	)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year	Execu any	Deemed cution Date, if	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Se Owned Followin Transaction(s)		. (C	wnership orm:	Beneficial	
				(Mont	h/Day/	/Year)	Code	v V		) or D) Price	(Instr. 3 and 4)		c (	Pirect (D) r Indirect () (Instr. 4)	
Common	Stock		03/24/2017				J(1)	7	72,000 A	\$ 1.31	246,819		I	)	
			Table II					in this a curre	form are n ntly valid osed of, or l	ot required OMB contro Beneficially (					474 (9-02)
1. Title of Derivative Security (Instr. 3)	Conversion		3A. Deemed	4. Transac Code	etion D Si Si O A O (I (I	. Numb Derivati Securitie Acquire	per of (ve as d (A) osed of	in this a curre	form are n ntly valid osed of, or l onvertible so ercisable tion Date	ot required OMB contro  Beneficially ( ecurities)  7. Title and	I to respond unol number.  Owned  d Amount of g Securities	8. Price of	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nat of Indir Benefic Owners (Instr. 4
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transac Code	stion D S A or (I (I ar	Acquired or Disposed D)  Instr. 3, and 5)	per of ve as d (A) osed of , 4,	in this a curre ired, Dispoptions, co	form are notify valid osed of, or lonvertible sercisable tion Date y/Year)	ot required OMB control Beneficially ( ecurities)  7. Title and Underlying (Instr. 3 an	I to respond unol number.  Owned  d Amount of g Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nat of Indir Benefic Owners (Instr. 4

#### **Reporting Owners**

P ( 0 N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
JAMISON DOUGLAS W 1450 BROADWAY FLOOR 24 NEW YORK, NY 10018	X		Chairman, CEO			

#### **Signatures**

/s/ Jackie Matthews by Power of Attorney	03/29/2017
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- $\textbf{(1)} \ \ Performance \ based \ restricted \ stock \ accelerated \ vesting \ by \ the \ Board \ of \ Directors \ on \ 3/24/17.$
- (2) Performance based restricted stock cancelled by Board of Directors on 3/27/17.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not require	red to respond unless the form displays a currently valid OMB number.

#### POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest and Patricia N. Egan to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the  $29 \, \mathrm{th}$  day of July 2014.

By: /s/ Douglas W. Jamison

Douglas W. Jamison