UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response...

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
Name and Address of Reporting Person * Forman Sandra Matrick				HAF	2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) General Counsel & CCO					
(Last 111 WES		(First) TREET, S	(Middle) UITE 1100		te of Earlies 1/2005	t Trans	action	n (M	Ionth/Day	//Year)			Gene	ral Counsel	& CCO	
(Street) NEW YORK, NY 10019					4. If Amendment, Date Original Filed(Month/Day/Year) 09/01/2005						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City		(State)	(Zip)		Т	able I	- Non	-De	rivative S	Securiti	ies Acqı	ired, Disp	osed of, or I	Beneficially	Owned	
(Instr. 3)		2. Transaction Date (Month/Day/Year)			Code (Instr. 8)		ion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership Form:	Beneficial	
				(Month	n/Day/Year)	Coo	de	V	Amount	(A) or (D)	Price	(Instr. 3 a	and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Commor	Stock		09/01/2005			P			270	A	\$ 11.48	270			D	
Commor	Stock											250			I	Owned by husband
Reminder:	Report on a s	separate line f	for each class of secu	ırities be	eneficially o	wned o	[Per:	sons wh	o resp	form ar	e not requ	ction of inf ired to res OMB conf	spond unle	ess	1474 (9-02)
			Table II -		tive Securi uts, calls, w											
Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution D any	4. Transaction Code Year) (Instr. 8)		5.		6. I and	ions, convertible secur 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. T Am Und Sec	Title and count of derlying urities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Securit Direct of Or India	Beneficia Ownershi y: (Instr. 4)
					Code V	(A)	(D)	Dat Exe	-	Expirat Date	Tit	Amount or e Number of Shares				
Repor	ting O	wners														

D (1 0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Forman Sandra Matrick 111 WEST 57TH STREET SUITE 1100 NEW YORK, NY 10019			General Counsel & CCO				

Signatures

Sandra Matrick Forman	09/01/2005

**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.