Check this box if no

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	s)																				
Name and Address of Reporting Person HARRIS CHARLES E/NY					2. Issuer Name and Ticker or Trading Symbol HARRIS & HARRIS GROUP INC /NY/ [TINY]											5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 111 WEST 57TH STREET, SUITE 1100						3. Date of Earliest Transaction (Month/Day/Year) 12/28/2006											Director10% Owner X Officer (give title below) Other (specify below) Chief Executive Officer					
(Street) NEW YORK, NY 10019				4. If Amendment, Date Original Filed(Month/Day/Year)										6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqui											ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)		D	. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if		3. T Cod (Ins	ransa	action	4. Sec (A) or	4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5)			red 5. Amount (D) Beneficially		of Securities Owned Following ransaction(s)		6.	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								C	ode	V	Amou		or (D)	Price					(I) (Instr. 4)			
Common	Stock		1	2/28/2006			_	M	Ť	9,800	-	` '	3 10.11	24,457				D D				
Common Stock 12/2			2/28/2006			S	(1)		9,800) I		2.3329 2)	14,657				D					
Common	Stock		1	2/28/2006					M		1,289) A	4 \$	3 10.11	15,9	946			D			
Common Stock														1,03	39,559			I	Owned by Wife			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transact Date (Month/Da		3A. Deemed Execution Date,	(e.g., puts, calls 4. if Transaction Code ar) (Instr. 8)		(A)	warrants, . Number of Derivative decurities acquired A) or Disposed of (D) Instr. 3, 4,		options 6. Date Expirat	isposed of, or Ben , convertible secur Exercisable and ion Date (Day/Year)		7. Titl Amou Under Secur	le and int of rlying] 		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivati Security Direct (or Indire	Ownersh (y: (Instr. 4) (D)			
					Code			A) (D	Da Ex		able	Expiration e Date		Title		Amount or Number of Shares						
Employee Stock Option (Right to Buy)	\$ 10.11	12/28/2	2006		M	[12/26/	2006	06/2	26/200	O7 Com Sto	mon	9,800	\$ 0	165,614	D			
Employee Stock Option (Right to Buy)	\$ 10.11	12/28/2	2006		M	[1,2	89 1	12/26/	2006	06/2	26/20	Com Sto		1,289	\$ 0	25,061	D			
Repor	ting O	wners																				
Reporting	Owner Nam	e / Address		F	Relation	ship	ps															
- reporting (,	Direct	tor 10% Owner	Officer					Othe	er											

Chief Executive Officer

Signatures

SUITE 1100

HARRIS CHARLES E/NY 111 WEST 57TH STREET

NEW YORK, NY 10019

/s/ Carmen DeForest, by Power of Attorney	12/29/2006			
**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 21, 2006.
- (2) Shares were sold for an average price of \$12.3329 in 51 transactions with share prices ranging from \$12.23 to \$12.51.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to Harris & Harris Group, Inc., a New York corporation, hereby authorizes, designates and appoints Jackie Matthews, Carmen DeForest, Charles E. Harris, or Sandra M. Forman to act as attorney-in-fact to execute and file statements on Form 3, Form 4 and Form 5 (including Form ID) and any successor forms adopted by the Securities Exchange Commission, as required by the 1934 Act and the Investment Company Act of 1940 and the rules thereunder, and to take such other actions as such attorney-in-fact may deem necessary or appropriate in connection with such statements, hereby confirming and ratifying all actions that such attorney-in-fact has taken or may take in reliance hereon. This power of attorney shall continue in effect until the undersigned no longer has an obligation to file statements under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 16th day of May, 2005.

By: /s/ Charles E. Harris Charles E. Harris