FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty | pe Response | s) | | | 1 | | | | | | | | | | | | | |
|--|-------------|---------------------------------|--------------------------|--|--|-----------------|--------------------|--------|--------------|---|---|--|--|---|--|-------------------------------|---|--|
| Name and Address of Reporting Person* Bigelow Robert E III | | | | 180 | 2. Issuer Name and Ticker or Trading Symbol 180 DEGREE CAPITAL CORP. /NY/ [TURN] | | | | | | Direct | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) VP, Head of Fund Development | | | | | | |
| 7 N. WILLOW STREET SUITE 4B | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/24/2020 | | | | | | | VP, Head | a of Fund De | evelop | ment | | | |
| (Street) | | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | _X_ Form fi | 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | | |
| MONTCLAIR, NJ 07042 (City) (State) (Zip) | | | | | Table I - Non-Derivative Securities Acqu | | | | | | uired, Disp | ired, Disposed of, or Beneficially Owned | | | | | | |
| 1.Title of Security (Instr. 3) | | | Date (Month/Day/Year) | | | | Code (Instr. 8) | | tion | 4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5) | | of (D) | Benefici Reported | ant of Securities ally Owned Following d Transaction(s) | | Form | ership of B | 7. Nature of Indirect Beneficial |
| | | | | | (Mon | Ionth/Day/Year) | | ode | v | Amount | (A) or (D) | Price | Ì | (Instr. 3 and 4) | | Director Inc (I) (Instr | direct (I | wnership nstr. 4) |
| Common | Stock | | 03/24 | 1/2020 | | | I | • | | 2,550 | A | \$ 1.24 | 180,00 | 0 | | D | | |
| | | | | | | ative Securi | | equire | the ed, E | form dis | splays of, or B | a curi | | OMB con | • | | | |
| Security (Instr. 3) | | 3. Transaction Date (Month/Day/ | | 3A. Deemed Execution Data | 4. Transaction Code Year) (Instr. 8) | | 5. 6 Number a | | 6. I and | ns, convertible secur Date Exercisable Id Expiration Date Month/Day/Year) | | 7. A. U. Se | Title and mount of nderlying ecurities nstr. 3 and | Derivative Security (Instr. 5) | 9. Number o Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | y D So D on | ownership orm of perivative ecurity: pirect (D) r Indirect | Beneficia |
| | | | | | | Code V | (A) | (D) | Dat Exe | | Expirat Date | tion Ti | Amount or Number of Shares | | | | | |
| Repor | ting O | wners | | | | | | | | | | | | | | | | |

| | Relationships | | | | | | | |
|--|---------------|--------------|------------------------------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| Bigelow Robert E III 7 N. WILLOW STREET SUITE 4B MONTCLAIR, NJ 07042 | | | VP, Head of Fund Development | | | | | |

Signatures

| /s/ Alicia M. Gift by Power of Attorney | 03/25/2020 |
|---|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

The undersigned, being a person required to file a statement under Section 16(a) of the Securities Exchange Act of 1934 (the "1934 Act") with respect to 180 Degree Capital Corp., a New York corpor under the section cited above, or until specifically terminated in writing by the undersigned.

IN WITNESS WHEREOF, the undersigned has duly executed this power of attorney on the 31st day of March 2017.

By: Robert E. Bigelow III
-----Robert E. Bigelow III